

# The Pettibon System™

Proven spine and posture correction

## Fundamentals & Lordosis Correction

### **Content Listing & Educational Objectives**

- Normal spinal function
- The Pettibon Spinal Model™ and its key principles
- Review of research and case studies with pre-care and post-care x-rays
- Neural control of posture
- Soft tissue physiology
- Purpose and benefits of rehabilitation equipment and exercises
- Posture patterns
- Initiating Event Spinal Displacement Complex
- Overview of Pettibon System X-ray Procedures
- Determining abnormal cervical spinal form and function
- Loss of motion segment integrity
- Exams for posture and functional coupling
- Mobilization procedures—Negative Z™, Negative Z Extension,
- Shared loading
- The Pettibon Weighting System™

### ***Fundamentals & Lordosis Correction will enable participants to meet the following educational objectives:***

- Identify why conventional spinal adjustments have not been able to correct the spine and posture.
- Identify the purpose, benefits, and use of the 6-Way Cervical-Dorsal Exercise Strap, Repetitive Cervical Traction™, and Wobble Chair™.
- Identify patient positioning; mark and measure Neutral Lateral Skull-Cervical, Lateral Cervical Flexion, and Lateral Cervical Extension X-rays.
- Determine loss of motion segment integrity.
- Conduct postural and functional examinations.
- Apply appropriate mobilizations using the Negative Z.
- Identify the purpose and benefits of the Multiple Digital Toggle Mobilization Instrument™ (MDT) and apply it to perform shared loading.
- Identify the purpose and application of The Pettibon Weighting System.